



Weekly Menu #1

Day	Lunch
Monday	Black Eyed Peas, Carrots, Cornbread, Pears, Milk
Tuesday	Baked Fish, Baked Tater Tots, WW Roll, Peaches, Milk
Wednesday	Meatballs & Brown Gravy, WW Egg Noodles, Steamed Vegetables, Pears, Milk
**Thursday	Chicken Salad on Fresh Spinach, WW Crackers, Fruit Cocktail, Milk
Friday	Ziti with WW Noodles and Meat Sauce, Succotash, Peaches, Milk

◆Thursdays are reserved as Manager's choice days. Menu is subject to change!

Weekly Menu #2

Day	Lunch
Monday	Crowder Peas, Slaw, Cornbread, Baked Apple Rings, Milk
Tuesday	BBQ Chicken on WW Roll, Potato Medley, Green Beans, Milk
Wednesday	Ham on WW Roll, Cooked Apples, Cream Corn, Milk
**Thursday	Tuna Salad on WW Roll, Mixed Vegetables, Pineapple, Milk
Friday	Turkey over Brown Rice, Carrots, Fruit Cocktail, Milk

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Weekly Menu #3

Day	Lunch
Monday	WW Pizza with extra Cheese, Mixed Vegetables, Pears, Milk
Tuesday	Salisbury Steak, Mashed Potatoes, Green Beans, WW Roll, Milk
Wednesday	Pork N Beans, Corn, Mandarin Oranges, WW Roll, Milk
**Thursday	Baked Fish, Baked Sweet Potato Tots, Slaw, WW Roll, Milk
Friday	Chicken over WW Noodles, Okra & Tomatoes, Fruit Cocktail, Milk

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Weekly Menu #4

Day	Lunch
Monday	Meat Loaf, Mashed Potatoes, Green Beans, WW Roll, Pears, Milk
Tuesday	Cheese Toasted on WW Bread, Vegetable/Tomato Soup, Fruit Cocktail, Milk
Wednesday	Turkey on Hilltop Hearth Pita Bread, Kale Salad, Apple Rings, Milk
**Thursday	Black Bean Burgers on WW Roll, Red Potato, Fruit Cocktail, Milk
Friday	Spaghetti with Meat Sauce, Corn, Peaches, Milk

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Weekly Menu #5

Day	Lunch
Monday	Ham, Sweet Potatoes, WW Roll, Green Peas, Milk
Tuesday	Hamburger Sliders on WW Roll, Tator Tots, Beets, Milk
Wednesday	Cheese WW Quesadilla, Green Beans, Peaches, Milk
**Thursday	Tuna on WW Roll, Cook Carrots, Mandarin Oranges, Milk
Friday	Navy Beans, Cooked Cabbage, Corn Bread, Fruit Cocktail, Milk

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Weekly Menu #6

Day	Lunch
Monday	WW Mac & Cheese, Stewed Tomatoes, Pineapple, Milk
Tuesday	Eggs, Sausage or Turkey Bacon, Grits, Baked Apples, Tomato, WW Toast, Milk
Wednesday	Turkey on Hilltop Hearth Pita Bread, Kale Salad, Peaches, Milk
**Thursday	Chicken Salad, WW Crackers, French Style Green Beans, Mandarin Oranges, Milk
Friday	Baked Beans, Corn, Pears, WW Roll, Milk

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Weekly Menu #7

Day	Lunch
Monday	Pintos, Cabbage, Corn Bread, Apple Rings, Milk
Tuesday	Tuna on WW Roll, Cooked Carrots, Green Peas, Milk
Wednesday	Black Bean & Corn WW Quesadilla, Lettuce, Tomato, Cheese, Pears, Milk
**Thursday	Baked Chicken Strips, Green Beans, Grapefruit, WW Roll, Milk
Friday	Spaghetti with Meat Sauce, Tossed Salad, Peaches, Milk

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Weekly Menu #8

Day	Lunch
Monday	WW Pizza w/extra Cheese, Corn, Pears, Milk
Tuesday	Eggs, Sausage or Turkey Bacon, Grits, Baked Apples, Tomato, WW Toast, Milk
Wednesday	Cheese Toasted on WW Bread, Vegetable/Tomato Soup, Peaches, Milk
**Thursday	White Beans, Cooked Cabbage, Cornbread, Peaches, Milk
Friday	Turkey over Brown Rice, Mixed Vegetables, Mandarin Oranges & Pineapple, Milk

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