



# Weekly Menu #1

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
Monday	Cheese Toasted on WW Bread, Fruit or Juice, Milk	Black Eyed Peas, Carrots, Cornbread, Pears, Milk	Applesauce, Graham Crackers, Water
Tuesday	WW or WG Cereal, Fruit or Juice, Milk	Baked Fish, Baked Tater Tots, WW Roll, Peaches, Milk	Crackers, Glenview Farms Greek Nonfat Vanilla Yogurt, Water
Wednesday	WW or WG Cereal, Fruit or Juice, Milk	Meatballs & Brown Gravy, Whole Wheat Egg Noodles, Steamed Vegetables, Pears, Milk	Teddy Grahams, Juice or Milk
**Thursday	Raisin Bread, Applesauce, Milk	Chicken Salad on Fresh Spinach, WW Crackers, Fruit Cocktail, Milk	WW Sun Chips, Milk
Friday	WW or WG Cereal, Fruit or Juice, Milk	Ziti with WW Noodles and Meat Sauce, Succotash, Peaches, Milk	Cheese, Crackers, Water

◆ Thursdays are reserved as Manager's choice days. Menu is subject to change!

- NOTE:
- Whole milk served to children ages 12-23 months, 1% or skim milk unflavored milk served to children ages 2-5 years of age
  - Cereals served: General Mills Cheerios, General Mills Kix, General Mills Rice Chex, Post Grape Nuts, Kelloggs All Bran Complete Wheat Flakes
  - Breakfast: Fruit served to children under 2, Juice or Fruit to children 2, 3, 4, 5
  - PM Snack – Milk served to children under 2, Juice served to children 2, 3, 4, 5

## Weekly Menu #2

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
Monday	Biscuit, Fruit or Juice, Milk	Crowder Peas, Slaw, Cornbread, Baked Apple Rings, Milk	Post Grape Nuts, Glenview Farms Vanilla Yogurt, Water
Tuesday	WW or WG Cereal, Fruit or Juice, Milk	BBQ Chicken on WW Roll, Potato Medley, Green Beans, Milk	String Cheese, Ritz Crackers, Water
Wednesday	WW or WG Cereal, Fruit or Juice, Milk	Ham on WW Roll, Cooked Apples, Cream Corn, Milk	Teddy Grahams, Milk
**Thursday	Bagels, Applesauce, Milk	Tuna Salad on WW Roll, Mixed Vegetables, Pineapple, Milk	WG Goldfish, Juice or Milk
Friday	WW or WG Cereal, Fruit or Juice, Milk	Turkey over Brown Rice, Carrots, Fruit Cocktail, Milk	Graham Crackers, Milk

◆ Thursdays are reserved as Manager's choice days. Menu is subject to change.

- NOTE:
- Whole milk served to children ages 12-23 months, 1% or skim milk unflavored milk served to children ages 2-5 years of age
  - Cereals served: General Mills Cheerios, General Mills Kix, General Mills Rice Chex, Post Grape Nuts, Kelloggs All Bran Complete Wheat Flakes
  - Breakfast: Fruit served to children under 2, Juice or Fruit to children 2, 3, 4, 5
  - PM Snack – Milk served to children under 2, Juice served to children 2, 3, 4, 5

## Weekly Menu #3

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
Monday	English Muffin, Fruit or Juice, Milk	WW Pizza with extra Cheese, Mixed Vegetable, Pears, Milk	Graham Crackers, Milk
Tuesday	Bran Muffins, Fruit or Juice, Milk	Salisbury Steak, Mashed Potatoes, Green Beans, WW Roll, Milk	WW Crackers, Cubed Cheese, Water
Wednesday	WW or WG Cereal, Fruit or Juice, Milk	Pork N Beans, Corn, Mandarin Oranges, WW Roll, Milk	Cracker, Grapes or Melons, Water
**Thursday	Bagels, Applesauce, Milk	Baked Fish, Baked Sweet Potato Tots, Slaw, WW Roll, Milk	WW Sun Chips, Milk
Friday	WW or WG Cereal, Fruit or Juice, Milk	Chicken over WW Noodles, Okra & Tomatoes, Fruit Cocktail, Milk	Edamame, WW Crackers, Water

◆ Thursdays are reserved as Manager's choice days. Menu is subject to change.

- NOTE:
- Whole milk served to children ages 12-23 months, 1% or skim milk unflavored milk served to children ages 2-5 years of age
  - Cereals served: General Mills Cheerios, General Mills Kix, General Mills Rice Chex, Post Grape Nuts, Kelloggs All Bran Complete Wheat Flakes
  - Breakfast: Fruit served to children under 2, Juice or Fruit to children 2, 3, 4, 5
  - PM Snack – Milk served to children under 2, Juice served to children 2, 3, 4, 5

# Weekly Menu #4

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
Monday	Waffles, Fruit or Juice, Milk	Meat Loaf, Mashed Potatoes, Green Beans, WW Roll, Pears, Milk	WG Goldfish Crackers, Juice or Milk
Tuesday	WW or WG Cereal, Fruit or Juice, Milk	Cheese Toasted on WW Bread, Vegetable/Tomato Soup, Fruit Cocktail, Milk	Graham Crackers, Milk
Wednesday	WW or WG Cereal, Fruit or Juice, Milk	Turkey on Hilltop Hearth Pita Bread, Kale Salad, Apple Rings, Milk	Ritz Crackers, String Cheese, Water
**Thursday	Raisin Bread, Applesauce, Milk	Black Bean Burgers on WW Roll, Red Potato, Fruit Cocktail, Milk	Carrots and Dip, WW Crackers, Water
Friday	WW or WG Cereal, Fruit or Juice, Milk	Spaghetti with Meat Sauce, Corn, Peaches, Milk	Strawberries, WW Crackers, Water

◆ Thursdays are reserved as Manager's choice days. Menu is subject to change.

- NOTE:
- Whole milk served to children ages 12-23 months, 1% or skim milk unflavored milk served to children ages 2-5 years of age
  - Cereals served: General Mills Cheerios, General Mills Kix, General Mills Rice Chex, Post Grape Nuts, Kelloggs All Bran Complete Wheat Flakes
  - Breakfast: Fruit served to children under 2, Juice or Fruit to children 2, 3, 4, 5
  - PM Snack – Milk served to children under 2, Juice served to children 2, 3, 4, 5

# Weekly Menu #5

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
Monday	Aunt Jemima WG Frozen Pancakes, Fruit or Juice, Milk	Ham, Sweet Potatoes, WW Roll, Green Peas, Milk	String Cheese, Ritz Crackers, Water
Tuesday	WW or WG Cereal, Fruit or Juice, Milk	Hamburger Sliders on WW Roll, Tator Tots, Beets, Milk	Glenview Farms Greek Nonfat Vanilla Yogurt, Post Grape Nuts, Water
Wednesday	WW or WG Cereal, Fruit or Juice, Milk	Cheese WW Quesadilla, Green Beans, Peaches, Milk	Teddy Grahams, Milk
**Thursday	Bagels, Applesauce, Milk	Tuna on WW Roll, Cook Carrots, Mandarin Oranges, Milk	WG Goldfish, Juice or Milk
Friday	WW or WG Cereal, Fruit or Juice Milk	Navy Beans, Cooked Cabbage, Corn Bread, Fruit Cocktail, Milk	Apple Wedges, WW Crackers, Water

◆ Thursdays are reserved as Manager's choice days. Menu is subject to change.

- NOTE:
- Whole milk served to children ages 12-23 months, 1% or skim milk unflavored milk served to children ages 2-5 years of age
  - Cereals served: General Mills Cheerios, General Mills Kix, General Mills Rice Chex, Post Grape Nuts, Kelloggs All Bran Complete Wheat Flakes
  - Breakfast: Fruit served to children under 2, Juice or Fruit to children 2, 3, 4, 5
  - PM Snack – Milk served to children under 2, Juice served to children 2, 3, 4, 5

## Weekly Menu #6

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
Monday	Cheese Toasted on WW Bread, Fruit or Juice, Milk	WW Mac & Cheese, Stewed Tomatoes, Pineapple, Milk	Celery Sticks, Crackers, Water
Tuesday	WW or WG Cereal, Fruit or Juice, Milk	Eggs, Sausage or Turkey Bacon, Grits, Baked Apples, Tomato, WW Toast, Milk	Graham Crackers, Milk
Wednesday	WW or WG Cereal, Fruit or Juice, Milk	Turkey on Hilltop Hearth Pita Bread, Kale Salad, Peaches, Milk	Crackers, Cubed Cheese, Water
**Thursday	Bagels, Applesauce, Milk	Chicken Salad, WW Crackers, French Style Green Beans, Mandarin Oranges, Milk	WW Sun Chips, Milk
Friday	WW or WG Cereal, Fruit or Juice, Milk	Baked Beans, Corn, Pears, WW Roll, Milk	Teddy Grahams, Milk

◆ Thursdays are reserved as Manager's choice days. Menu is subject to change.

- NOTE:
- Whole milk served to children ages 12-23 months, 1% or skim milk unflavored milk served to children ages 2-5 years of age
  - Cereals served: General Mills Cheerios, General Mills Kix, General Mills Rice Chex, Post Grape Nuts, Kelloggs All Bran Complete Wheat Flakes
  - Breakfast: Fruit served to children under 2, Juice or Fruit to children 2, 3, 4, 5
  - PM Snack – Milk served to children under 2, Juice served to children 2, 3, 4, 5

## Weekly Menu #7

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
Monday	English Muffin, Fruit or Juice, Milk	Pintos, Cabbage, Corn Bread, Apple Rings, Milk	Post Grape Nuts, Glenview Farms Greek Nonfat Vanilla Yogurt, Water
Tuesday	WW or WG Cereal, Fruit or Juice, Milk	Tuna on WW Roll, Cooked Carrots, Green Peas, Milk	String Cheese, Ritz Crackers, Water
Wednesday	WW or WG Cereal, Fruit or Juice, Milk	Black Bean & Corn WW Quesadilla, Lettuce, Tomato, Cheese, Pears, Milk	Celery, Cracker, Water
**Thursday	Raisin Bread, Applesauce, Milk	Baked Chicken Strips, Green Beans, Grapefruit, WW Roll, Milk	Cottage Cheese, Peaches or Melons, Water
Friday	WW or WG Cereal, Fruit or Juice, Milk	Spaghetti with Meat Sauce, Tossed Salad, Peaches, Milk	Applesauce/Sweet Potato Blend, WW Crackers, Water

◆ Thursdays are reserved as Manager's choice days. Menu is subject to change.

- NOTE:
- Whole milk served to children ages 12-23 months, 1% or skim milk unflavored milk served to children ages 2-5 years of age
  - Cereals served: General Mills Cheerios, General Mills Kix, General Mills Rice Chex, Post Grape Nuts, Kelloggs All Bran Complete Wheat Flakes
  - Breakfast: Fruit served to children under 2, Juice or Fruit to children 2, 3, 4, 5
  - PM Snack – Milk served to children under 2, Juice served to children 2, 3, 4, 5

## Weekly Menu #8

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
Monday	Aunt Jemima WG Frozen Pancakes, Fruit or Juice, Milk	WW Pizza w/extra Cheese, Corn, Pears, Milk	Cubed Cheese, Crackers, Water
Tuesday	WW or WG Cereal, Fruit or Juice, Milk	Eggs, Sausage or Turkey Bacon, Grits, Baked Apples, Tomato, WW Toast, Milk	Cottage Cheese, Peaches, Water
Wednesday	WW or WG Cereal, Fruit or Juice, Milk	Cheese Toasted on WW Bread, Vegetable/Tomato Soup, Peaches, Milk	Animal Crackers, Milk
**Thursday	Bagels, Applesauce, Milk	White Beans, Cooked Cabbage, Cornbread, Peaches, Milk	WG Goldfish, Juice or Milk
Friday	WW or WG Cereal, Fruit or Juice, Milk	Turkey over Brown Rice, Mixed Vegetables, Mandarin Oranges & Pineapple, Milk	Celery Sticks, Crackers, Ranch Dressing, Water

◆ Thursdays are reserved as Manager's choice days. Menu is subject to change.

- NOTE:
- Whole milk served to children ages 12-23 months, 1% or skim milk unflavored milk served to children ages 2-5 years of age
  - Cereals served: General Mills Cheerios, General Mills Kix, General Mills Rice Chex, Post Grape Nuts, Kelloggs All Bran Complete Wheat Flakes
  - Breakfast: Fruit served to children under 2, Juice or Fruit to children 2, 3, 4, 5
  - PM Snack – Milk served to children under 2, Juice served to children 2, 3, 4, 5