

First Baptist Church Child Care Application



(To be completed, signed, and placed on file in the facility on the first day and updated as changes occur and at least annually)

Date Application Completed:	Chi	ld Lives With:	
Child's Full Name			Birth Date
(Last)	(First) (Middle)	(Nickname)	
Child's Physical Address			Zip Code
Father/Guardian's Name	Home	Phone	Mobile
Address			Zip Code
Email address	Employer		Work Phone
Mother/Guardian's Name	Hom	e Phone	Mobile
Address			Zip Code
Email address	Employer		Work Phone
Do you attend church? () Yes () No	o If yes, which church?		
CONTACTS: Child will be released individuals, as authorized by the person whethe facility has permission to contact the fol	o signs this application. In the	listed above. The child event of an emergence	d can also be released to the following cy, if the parents/guardians cannot be reached
	ATIONSHIP	ADDRESS	PHONE#
1			
2.			
3.	any child with health care need in plan shall be attached to the is there a medical action plan a	ds such as allergies, as application. The medi	
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First Baptist Church Child Care Children's Medical Report

Name of Child	Birthdate
Name of Parent or Guardian	
. Medical History (May be complete	eted by parent)
Is child allergic to anything? No_	Yes If yes, what?
Is child currently under a doctor's c	care? No Yes If yes, for what reason?
Is the child on any continuous med	lication? No Yes If yes, what?
Any previous hospitalizations or or	perations? No Yes If yes, when and for what?
convulsions No Yes; hear	s diseases or recurrent illness? No Yes; diabetes NoYes; t trouble No Yes; asthma No Yes
	lisabilities: No Yes If yes, please describe:
ny mental disabilities? No Yes_	If yes, please describe:
ignature of Parent or Guardian	Date
ignature of Parent or Guardian	Date
ignature of Parent or Guardian	Date
B. Physical Examination: This examination agent currently approved by the states), a certified nurse practition Height	mination must be completed and signed by a licensed physician, his autho N. C. Board of Medical Examiners (or a comparable board from borderin oner, or a public health nurse meeting DHHS standards for EPSDT progra: %
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Child Immunization History

G.S. 130A-155. Submission of certificate to child care facility/G.S.130A-154. Certificate of immunization.

The parent/guardian must submit a certificate of immunization on child's first day of attendance or within 30 calendar days from the first day of attendance.

Child's full name:	Date of birth:

Enter the date of each dose received (Month/Day/Year) or attach a copy of the immunization record.

				1	2	3	4	5
Vaccine Type	Abbreviation	Trade Name	Combination Vaccines	date	date	date	date	date
Diphtheria, Tetanus,	DTaP, DT, DTP	Infanrix,	Pediarix, Pentacel, Kinrix					
Pertussis		Daptacel						
Polio	IPV	IPOL	Pediarix, Pentacel, Kinrix					
Haemophilus influenza type B	Hib (PRP-T) Hib (PRP-OMP)	ActHIB, PedvaxHIB **, Hiberix	Pentacel					
Hepatitis B	HepB, HBV	Engerix-B, Recombivax HB	Pediarix					
Measles, Mumps, Rubella	MMR	MMR II	ProQuad					
Varicella/Chicken Pox	Var	Varivax	ProQuad					
Pneumococcal	PCV, PCV13,	Prevnar 13,						
Conjugate*	PPSV23***	Pneumovax***						

^{*}Required by state law for children born on or after 7/1/2015.

Note: Children beyond their 5th birthday are not required to receive Hib or PCV vaccines.

Gray shaded boxes above indicate that the child should not have received any more doses of that vaccine.

Record updated by:	Date	Record updated by:	Date

Minimum State Vaccine Requirements for Child Care Entry

By This Age:			Children	Need Thes	e Shots:		
3 months	1 DTaP	1 Polio		1 Hib	1 Hep B	1 PCV	
5 months	2 DTaP	2 Polio		2 Hib	2 Hep B	2 PCV	
7 months	3 DTaP	2 Polio		2-3 Hib**	2 Hep B	3 PCV	
12-16 months	3 DTaP	2 Polio	1 MMR	3-4 Hib**	3 Hep B	4 PCV	1 Var
19 months	4 DTaP	3 Polio	1 MMR	3-4 Hib**	3 Hep B	4 PCV	1 Var
4 years or older (in child care only)	4 DTaP	3 Polio	1 MMR	3-4 Hib**	3 Hep B	4 PCV	1 Var
4 years and older (in kindergarten)	5 DTaP	4 Polio	2 MMR	3-4 Hib**	3 Hep B	4 PCV	2 Var

Note: For **c**hildren behind on immunizations, a catch-up schedule must meet minimal interval requirements for vaccines within a series. Consult with child's health care provider for questions.

^{**3} shots of PedvaxHIB are equivalent to 4 Hib doses. 4 doses are required if a child receives more than one brand of Hib shots.

^{***}PPSV23 or Pneumovax is a different vaccine than Prevnar 13 and may be seen in high risk children over age 2. These children would also have received Prevnar 13.

Child Immunization History

G.S. 130A-155. Submission of certificate to child care facility/G.S.130A-154. Certificate of immunization.

Vaccines Recommended (not required) by the Advisory Committee on Immunization Practices (ACIP)

Vaccine	Abbreviation	Trade Name	Recommended Schedule	1	2	3	4	5
Type	Abbieviation	Trade Name	Recommended Scheddle	date	date	date	date	date
Rotavirus	RV1, RV5	Rotateq, Rotarix	Age 2 months, 4 months, 6					
			months.					
Hepatitis A	Нер А	Havrix, Vaqta	First dose, age 12-23 months.					
			Second dose, within 6-18 months.					
Influenza	Flu, IIV, LAIV	Fluzone, Fluarix,	Annually after age 6 months.					
		FluLaval, Flucelvax,						
		FluMist, Afluria						



First Baptist Church Child Care Prevention of Shaken Baby Syndrome and Abusive Head Trauma Policy

Belief Statement

First Baptist Church Child Care believes that preventing, recognizing, responding to, and reporting shaken baby syndrome and abusive head trauma (SBS/AHT) is an important function of keeping children safe, protecting their healthy development, providing quality child care, and educating families.

Background

SBS/AHT is the name given to a form of physical child abuse that occurs when an infant or small child is violently shaken and/or there is trauma to the head. The National Center on Shaken Baby Syndrome states that shaking may last only a few seconds but can result in severe injury or even death. According to NC Division of Child Development and Early Education and the North Carolina Child Care Rule (child care centers, 10A NCAC 09 .0608, family child care homes, 10A NCAC 09 .1726), each child care facility licensed to care for children up to five years of age shall develop and adopt a policy to prevent SBS/AHT.

Procedure/Practice

Recognizing:

• Children are observed for signs of abusive head trauma including irritability and/or high pitched crying, difficulty staying awake/lethargy or loss of consciousness, difficulty breathing, inability to lift the head, seizures, lack of appetite, vomiting, bruises, poor feeding/sucking, no smiling or vocalization, inability of the eyes to track and/or decreased muscle tone. Bruises may be found on the upper arms, rib cage, or head resulting from gripping or from hitting the head.

Responding to:

- If SBS/ABT is suspected, staff will do as stated in Shaken Baby Syndrome, the Mayo Clinic:
 - o Call 911 immediately upon suspecting SBS/AHT and inform the director.
 - o Call the parents/guardians.
 - o If the child has stopped breathing, trained staff will begin pediatric CPR according to *Pediatric First Aid/CPR/AED*, the American Red Cross.

Reporting:

- Instances of suspected child maltreatment in child care are reported to Division of Child Development and Early Education (DCDEE) by calling 1-800-859-0829 or by emailing webmasterdcd@dhhs.nc.gov.
- Instances of suspected child maltreatment in the home are reported to the county Department of Social Services at 707-487-0661.

Prevention strategies to assist staff* in coping with a crying, fussing, or distraught child:

Staff first determines if the child has any physical needs such as being hungry, tired, sick, or in need of a diaper change. If no physical need is identified, staff will attempt one or more of the following strategies as recommended in *Calming Techniques for a Crying Baby* from the Children's Hospital Colorado:

- Rock the child, hold the child close, or walk with the child.
- Stand up, hold the child close, and repeatedly bend knees.
- Sing or talk to the child in a soothing voice.
- Gently rub or stroke the child's back, chest, or tummy.
- Offer a pacifier or try to distract the child with a rattle or toy.
- Take the child for a ride in a stroller.
- Turn on music or white noise.

In addition, the facility:

- Allows for staff who feel they may lose control to have a short, but relatively immediate break away from the children as stated in *Caring for Our Children*, Standard 1.7.0.5: Stress.
- Provides support when parents/guardians are trying to calm a crying child and encourage parents to take a calming break if needed.

Prohibited behaviors

Behaviors that are prohibited include (but are not limited to):

- shaking or jerking a child
- tossing a child into the air or into a crib, chair, or car seat
- pushing a child into walls, doors, or furniture

^{*}For purposes of this policy, "staff" includes the Director and other administration staff who may be counted in ratio, additional caregivers, substitute providers, and uncompensated providers. This policy applies to children up to five years of age and their families, operators, early educators, substitute providers and uncompensated providers.

First Baptist Church Child Care Prevention of Shaken Baby Syndrome and Abusive Head Trauma Policy

Parent or Guardian Acknowledgement Form

(Print Name of Parent/Guardian)	(Signature of Parent/Guardian)	(Date)
(Date Policy Given/Explained to Parent/G	uardian)	(Date of Child's Enrollment)
Shaken Baby Syndrome/Al	ousive Head Trauma polic	ey.
acknowledge that I have re	ead, reviewed and receive	ed a copy of the facility's
I, the parent or guardian of	of	(Child's Name)



First Baptist Church Child Care Behavior Management and Positive Guidance Policy

Praise and positive reinforcement are effective methods of the behavior management of children. When children receive positive, nonviolent and understanding interactions from adults and others, they develop good selfconcepts, problem-solving abilities, and self-discipline.

The Administrator will review the Behavior Management and Positive Guidance Policy during the registration process with the parents. All children must have a signed Behavior Management and Positive Guidance Policy form in their files.

Based on the belief of how children learn and develop values, First Baptist Church Child Care will practice the following Behavior Management and Positive Guidance Policy:

WE...

- **DO** give positive and specific encouragement to children and comment frequently on children's appropriate behavior.
- **DO** post behavior expectations and review regularly.
- **DO** model appropriate behavior for children.
- **DO** design the classroom environment to attempt to prevent problems before they occur.
- **DO** listen to children.
- **DO** identify inappropriate behaviors and engage children in problem solving.
- **DO** provide the children with natural and logical consequences of their behaviors.
- **DO** treat the children as people and respect their needs, desires, and feelings.
- **DO** ignore minor misbehaviors and focus on positive behaviors.
- **DO** give instructions that are age appropriate, clear and concise.
- **DO** use a variety of developmentally and age-appropriate strategies including redirection, planned ignore, and time-in.
- **DO** promote the acquisition of self-regulation skills by teaching feelings and emotions, calming and relaxation strategies, and teaching children responses that are socially acceptable and emotionally mature.



WE...

- **DO NOT** spank, shake, bite, pinch, push, pull, slap, or otherwise physically punish the children.
- **DO NOT** make fun of, yell at, threaten, make sarcastic remarks about, use profanity, or otherwise verbally abuse the children.
- **DO NOT** shame or punish the children when bathroom accidents occur.
- **DO NOT** deny food or rest as punishment.
- **DO NOT** relate discipline to eating, resting, or sleeping.
- **DO NOT** leave the children alone, unattended, or without supervision.
- **DO NOT** place the children in locked rooms, closets, or boxes as punishment.
- **DO NOT** allow discipline of children by children.
- **DO NOT** criticize, make fun, or otherwise belittle children's parents, families or ethnic groups.

Parent or Guardian Acknowledgement

I, the parent or guardian of			(C	(Child's Name), acknowledge that I have			
read, reviewed and received a copy	of the	facility's	Behavior	Management	and	Positive	Guidance
policy.							
(Date Policy Given to Parent/Guardian)							
(Print Name of Parent/Guardian)	(Signatı	ure of Parent		(Da	ate)		-

"Sharing, caring and working together, helping to make the world a better place." ~Karen's Kids



First Baptist Church Child Care Travel and Activity Authorization

Ι,	(parent/guardian) of(child)
gi	ve my permission to First Baptist Church Child Care for my child to participate in
th	e following activities:
1	Buggy Rides around the Church grounds and/or uptown Shelby.
۷.	Teacher directed walks around and in the Church facilities and/or uptown Shelby and gym for special occasions.
3.	Walking to Chapel weekly (normally 2 year old children and up). On occasion all ages may attend Chapel.
4.	Walking to Sanctuary for special occasion such as Graduation/practice, etc. (3, 4 and 5 year olds).
5.	Gym for gross motor play (all ages) and lunch.
6.	Singles Room for special occasions (all ages).
	Parent / Guardian Signature
	Date Signed
Tł	nis authorization is valid from 08/14/23 through 08/31/24.
++	+++++++++++++++++++++++++++++++++++++++
Ιo	do not give permission for my child to be outside the fenced areas.
	Parent / Guardian Signature
	Date Signed

This authorization is valid from 08/14/23 through 08/31/24.

First Baptist Church Child Care EMERGENCY INFORMATION

CHILD'S NAME: _	
DATE OF BIF	RTH:
MOM'S NAME: _	
HOME#	WORK#
PAGER#	CELL PHONE#
DAD'S NAME:	
HOME#	WORK#
PAGER#	CELL PHONE#
DOCTOR'S NAME	·
RELATIVE:	PHONE#
RELATIVE:	PHONE#
ALLERGIES OR N	MEDICATIONS:

First Baptist Church Child Care

My child is currently enrolled at FBC-CC and I have received a copy of the Summary of the NC Child Care Law for Child Care Centers.

Parent Signature

Date



Space and Equipment

There are space requirements for indoor and outdoor environments that must be measured prior to licensure. Outdoor play space must be fenced. Indoor equipment must be clean, safe, well maintained, and developmentally appropriate. Indoor and outdoor equipment and furnishings must be child size, sturdy, and free of hazards that could injure children.

Licensed centers must also meet requirements in the following areas.

Staff Requirements

The administrator of a child care center must be at least 21 and have at least a North Carolina Early Childhood Administration Credential or its equivalent. Lead teachers in a child care center must be at least 18 and have at least a North Carolina Early Childhood Credential or its equivalent. If administrators and lead teachers do not meet this requirement, they must begin credential coursework within six months of being hired. Staff vounger than 18 years of age must work under the direct supervision of staff 21 years of age or older. All staff must complete a minimum number of training hours, including ITS-SIDS training for any caregiver that works with infants 12 months of age or younger. All staff who work directly with children must have CPR and First Aid training, and at least one person who completed the training must be present at all times when children are in care. One staff must complete the Emergency Preparedness and Response (EPR) in Child Care training and create the EPR plan. All staff must also undergo a criminal background check initially, and every three years thereafter.

Staff/Child Ratios

Ratios are the number of staff required to supervise a certain number of children. Group size is the maximum number of children in one group. The minimum staff/child ratios and group sizes for single-age groups of children in centers are shown below and must be posted in each classroom. The staff/child ratios for multi-age groupings are outlined in the child care rules and require prior approval.

Age	Teacher: Child Ratio	Max Group Size
0-12 months	1:5	10
12-24 months	1:6	12
2 to 3 years old	1:10	20
3 to 4 years old	1:15	25
4 to 5 years old	1:20	25
5 years and older	1:25	25

Additional Staff/Child Ratio Information:

Centers located in a residence that are licensed for six to twelve children may keep up to three additional school-age children, depending on the ages of the other children in care. When the group has children of different ages, staff-child ratios and group size must be met for the youngest child in the group.

Reviewing Facility Information

From the Division's Child care Facility Search Site, the facility and visit documentation can be viewed.

A public file is maintained in the Division's main office in Raleigh for every licensed center or family child care home. These files can be viewed during business hours (8 a.m. -5 p.m.) by contacting the Division at 919-814-6300 or 1-800-859-0829 or requested via the Division's web site at www.ncchildcare.ncdhhs.gov.

How to Report a Problem

North Carolina law requires staff from the Division of Child Development and Early Education to investigate a licensed family child care home or child care center when there has been a complaint. Child care providers who violate the law or rules may be issued an administrative action, fined and/or may have their licenses suspended or revoked.

Administrative actions must be posted in the facility. If you believe that a child care provider fails to meet the requirements described in this pamphlet, or if you have questions, please call the Division of Child Development and Early Education at 919-814-6300 or 1-800-859-0829.



Summary of the North Carolina Child Care Law and Rules (Center and FCCH)

Division of Child Development and Early Education

North Carolina Department of Health and Human Services 333 Six Forks Road Raleigh, NC 27609

Child Care Commission
https://ncchildcare.ncdhhs.gov/Home/Child-Care-Commission

Revised January 2021

The North Carolina Department of Health and Human Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or provision of services.

What Is Child Care?

The law defines child care as:

- three or more children under 13 years of age
- receiving care from a non-relative
- on a regular basis at least once a week
- for more than four hours per day but less than 24 hours.

The North Carolina Department of Health and Human Services is responsible for regulating child care. This is done through the Division of Child Development and Early Education. The purpose of regulation is to protect the health, safety, and well-being of children while they are away from their parents. The law defining child care is in the North Carolina General Statutes, Article 7, Chapter 110.

The North Carolina Child Care Commission is responsible for adopting rules to carry out the law. Some counties and cities in North Carolina also have local zoning requirements for child care programs.

Family Child Care Homes

A family child care home is licensed to care for five or fewer preschool age children, including their own preschool children, and can include three additional school-age children. The provider's own school-age children are not counted. Family child care home operators must be 21 years old and have a high school education or its equivalent. Family child care homes will be visited at least annually to make sure they are following the law and to receive technical assistance from child care consultants. Licenses are issued to family child care home providers who meet the following requirements:

Child Care Centers

Licensure as a center is required when six or more preschool children are cared for in a residence or when three or more children are in care in a building other than a residence. Religious-sponsored programs are exempt from some of the regulations described below if they choose to meet the standards of the Notice of Compliance rather than the Star Rated License. Recreational programs that operate for less than four consecutive months, such as summer camps, are exempt from licensing. Child care centers may voluntarily meet higher standards and receive a license with a higher rating. Centers will be visited at least annually to make sure they are following the law and to receive technical assistance from child care consultants.

Parental Rights

- Parents have the right to enter a family child care home or center at any time while their child is present.
- Parents have the right to see the license displayed in a prominent place.
- Parents have the right to know how their child will be disciplined.

The laws and rules are developed to establish minimum requirements. Most parents would like more than minimum care. Local Child Care Resource and Referral agencies can provide help in choosing quality care. Check the telephone

directory or talk with a child care provider to see if there is a Child Care Resource and Referral agency in your community. For more information, visit the Resources page located on the Child Care website at: https://ncchildcare.ncdhhs.gov/. For more information on the law and rules, contact the Division of Child Development and Early Education at 919 814-6300 or 1-800-859-0829 (In State Only), or visit our homepage at: https://ncchildcare.ncdhhs.gov/.

Child Abuse, Neglect, or Maltreatment

Every citizen has a responsibility to report suspected child abuse, neglect or maltreatment. This occurs when a parent or caregiver injures or allows another to injure a child physically or emotionally. It may also occur when a parent or caregiver puts a child at risk of serious injury or allows another to put a child at risk of serious injury. It also occurs when a child does not receive proper care, supervision, appropriate discipline, or when a child is abandoned. North Carolina law requires any person who suspects child maltreatment at a child care facility to report the situation to the Intake Unit at Division of Child Development and Early Education at 919-814-6300 or 1-800-859-0829. Reports can be made anonymously. A person cannot be held liable for a report made in good faith. The operator of the program must notify parents of children currently enrolled in writing of the substantiation of any maltreatment complaint or the issuance of any administrative action against the child care facility. North Carolina law requires any person who suspects child abuse or neglect in a family to report the case to the county department of social services.

Transportation

Child care centers or family child care homes providing transportation for children must meet all motor vehicle laws, including inspection, insurance, license, and restraint requirements. Children may never be left alone in a vehicle and child-staff ratios must be maintained.

Record Requirements

Centers and homes must keep accurate records such as children's, staff, and program. A record of monthly fire drills and quarterly shelter-in-place or lockdown drills practiced must also be maintained. A safe sleep policy must be developed and shared with parents if children younger than 12 months are in care. Prevention of shaken baby syndrome and abusive head trauma policy must be developed and shared with parents of children up to five years of age.

Discipline and Behavior Management

Each program must have a written policy on discipline, must discuss it with parents, and must give parents a copy when the child is enrolled. Changes in the discipline policy must be shared with parents in writing before going into effect. Corporal punishment (spanking, slapping, or other physical discipline) is prohibited in all centers and family child care homes. Religioussponsored programs which notify the Division of Child Development and Early Education that corporal punishment is part of their religious training are exempt from that part of the law.

Training Requirements

Center and family child care home staff must have current CPR and First Aid certification, ITS-SIDS training (if caring for infants, 0 to 12 months), prior to caring for children and every three years thereafter. Emergency Preparedness and Response (EPR) in Child Care training is required and each facility must create an EPR plan. Center and home staff must also complete a minimum number of health and safety training as well as annual ongoing training hours.

Curriculum and Activities

Four- and five-star programs must use an approved curriculum in classrooms serving four-year-olds. Other programs may choose to use an approved curriculum to get a quality point for the star-rated license. Activity plans and schedule must be available to parents and must show a balance of active and quiet, and indoor and outdoor activities. A written activity plan that includes activities intended to stimulate the development domains, in accordance with North Carolina Foundations for Early Learning and Development. Rooms must be arranged to encourage children to explore, use materials on their own and have choices.

Health and Safety

Children must be immunized on schedule. Each licensed family child care home and center must ensure the health and safety of children by sanitizing areas and equipment used by children. For Centers and FCCHs, meals and snacks must be nutritious and meet the Meal Patterns for Children in Child Care. Food must be offered at least once every four hours. Local health, building, and fire inspectors visit licensed centers to make sure standards are met. All children must be allowed to play outdoors each day (weather permitting) for at least an hour a day for preschool children and at least thirty minutes a day for children under two. Children must have space and time provided for rest.

Two through Five Star Rated License

Centers and family child care homes that are meeting the minimum licensing requirements will receive a one-star license. Programs that choose to voluntarily meet higher standards can apply for a two through five-star license. The number of stars a program earns is based upon the education levels their staff meet and the program standards met by the program, and one quality point option.

Criminal Background Checks

Criminal background qualification is a **pre-service requirement.** All staff must undergo a criminal background check initially, and every three years thereafter. This requirement includes household members who are over the age of 15 in family child care homes.

FIRST BAPTIST CHURCH

CHILD CARE

120 N. Lafayette Street Shelby, NC 28150

PICK-UP AUTHORIZATION

The people listed below have my authorization to pick up my child from the program at any time. The Center staff will NOT need to call me in reference to the pick-up.

Name	Relation to Child	Phone Number
Name	Relation to Child	Phone Number
Name	Relation to Child	Phone Number
	have my authorization to pick up my istrative Assistant or my child's tea	
Name	Relation to Child	Phone Number
Name	Relation to Child	Phone Number
Name	Relation to Child	Phone Number
These people are NOT	allowed to pick-up my child:	
Name	Relation to Child	Phone Number
Name	Relation to Child	Phone Number
Child's Name	Da	te
Parent's Signature		

FIRST BAPTIST CHURCH

CHILD CARE

120 N. Lafayette Street Shelby, NC 28150

PERMISSION FOR PHOTOGRAPHS

I do I do not	give my permission for my
child to be photographed	in the program, program
functions and field trips	and the photographs to be
displayed or posted to soci	al media. I understand that
the photographs may be	e taken by Center staff.
professional photographer	rs, news media or other
parents. I understand tha	t I will be notified if any
photos are to be used for p	ublicity purposes and that I
have the right to refuse per	mission.
My child's name	
Parent signature	
1 archi signature	
Date	



FIRST BAPTIST CHURCH CHILD CARE

120 N. Lafayette St. Shelby, NC 28150

NAME RELEASE FORM

This	release	form	MUST	\mathbf{BE}	SIGNED	AND
RETU	JRNED	before	your ch	ild's p	hone num	ber and
addres	ss can be	included	d on the	printed	class roster	. A class
roster	will only	be given	out upor	reques	t.	
As the	e parent/g	uardian o	of	_		I give
my pe home	ermission address st) to the	to have on the o	my child class rost	's name er to b	, phone nur e distribute ne class and	nber and ed (upon
Parent	t Signatur	e			_	
Date _					_	



First Baptist Church Child Care

POLICIES AND PROCEDURES AGREEMENT

I have read and understand the policy and procedures of First Baptist Church Child Care. I agree to follow all the rules and procedures of the Center.

Parent/Guardian	Date
Child's Name	



Infant/Toddler Safe Sleep Policy



First Baptist Church Child Care

Original date adopted: April 4, 2005

A safe sleep environment for infants reduces the risk of Sudden Infant Death Syndrome (SIDS) and other sleep related infant deaths. According to N.C. Law, child care providers caring for infants 12 months of age or younger are required to implement a safe sleep policy and share the policy with parents/guardians and staff. We implement the following safe sleep policy. References: N.C. Law G.S. 100-91 (15), N.C. Child Care Rules .0606 and .1724, Caring for Our Children

Safe Sleep Practices

- 1. We train all staff, substitutes, and volunteers caring for infants aged 12 months or younger on how to implement our Infant/Toddler Safe Sleep Policy.
- 2. We always place infants under 6 months of age on their backs to sleep, unless a signed ITS-SIDS Alternate Sleep Position Health Care Professional Waiver is in the infant's file and posted at the infant's crib. We retain the waiver in the child's record for as long as they are enrolled.
- We accept the ITS-SIDS Alternate Sleep Position Parent Waiver.
- We place infants on their backs to sleep even after they can easily turn over from the back to the stomach. We then allow them to adopt their own position for sleep. We document when each infant can roll from back to stomach and tell the parents. We put a notice on or near the infant's crib.*
- We visually check sleeping infants every 15 minutes and record what we see on a Sleep Chart.
- 6. We maintain the temperature in the room where infants sleep between 68-75°F and check it on the thermometer in the room. We further reduce the risk of overheating by not over-dressing infants.*
- 7. We provide all infants supervised "tummy time" daily.
- We follow N.C Child Care Rules .0901(j) and .1706(g) regarding breastfeeding.
 - *We further encourage breastfeeding in the following ways:
 - (1) Provide a private space for parents to come in during the day to nurse their infant (2) Provide storage space for storage of pumped milk.

Safe Sleep Environment

- 9. We use Consumer Product Safety Commission (CPSC) approved cribs. Each infant has his or her own crib.
- 10. We allow pacifiers with or without attachments during active awake times. Attachments will be removed when infant is in the crib. We may or may not reinsert the pacifier in the infant's mouth if it falls out in the crib.*
- 11. We do not allow infants to be swaddled. Parents may provide a seasonal appropriate sleep sack.
- 12. We do not cover infants' heads with blankets or bedding.
- 13. We do not allow garments that restrict movement.*
- 14. We do not allow any objects such as, pillows, blankets, or toys in the crib.
- 15. Infants are not placed in or left in car safety seats, strollers, swings, or infant carriers to sleep.
- 16. We give all parents/guardians of infants a written copy of the Infant/Toddler Safe Sleep Policy before enrollment. We review the policy with them, and we ask them to sign a statement saying they received and reviewed the policy. We encourage families to follow the same safe sleep practices to ease infants' transition to child care.*
- 17. We post a copy of this policy in the Infant room where it can easily be read.

*Indicates we follow this best practice recommendation.

Distribution: We give parents/guardians a copy of the policy. We give all staff, substitutes and volunteers a copy to review. We inform them of changes 14 days before the effective date. We give parents/guardians a copy of the policy they signed and put a copy in child's file.

I, the undersigned parent/guardian of	(child's full name), have received a copy of
the facility's <i>Infant/Toddler Safe Sleep Policy</i> . I have read the policy and c staff member.	
Child's Enrollment Date:	
Parent/Guardian Signature:	Date:
Facility Representative Signature:	Date:

Effective Date: August 27, 2018

RELINK

Help First Baptist Church Child Care raise money by linking your loyalty card from Ingles to our school. Each time you use your card, a percentage of the store brand products is donated directly to FBC-CC. That means that we only receive cash when you buy Ingles brand products. It is at no cost to you and will help FBC-CC buy school supplies and learning equipment.

If you fill out the form below, we will relink your card for you OR you can relink them yourself.

Note: Must relink yearly.

Ingles

Tools for schools!! For more information, please visit www.Ingles-markets.com

Ema	ail Address:	
Mr.		
Ms	Last Name (PLEASE PRIN	NT IN ALL CAPITAL LETTERS)
Mrs.	First Name	M.I.
	Inlges Advantage Card Nur	mber (12 DIGITS) School Code 2 2 0 1 3
	ingles ADVANTAGE	4 78000 00000 1
	Low PricesLove The Savings!"	12-Digit Card Number

Do you need healthy foods and eating tips for you and your child?



Get help from the WIC Program!

What does WIC provide?

If you are eligible for WIC, you will receive at no cost:

- Food instruments to busy healthy foods
- Eating tips for you and your child
- Breastfeeding support
- Referrals to health care and community resources

What foods does WIC provide?

- milk
- cereal
- juice
- dried beans & peas
- eggs
- peanut butter

- cheese
- infant cereal
- infant formula
- tuna and carrots
 (breastfeeding women only)

Who is WIC for?

WIC is for:

- Children up to five years of age
- Pregnant women
- Breastfeeding women who have had a baby in the last 12 months
- Women who have had a baby in the last six months
- Infants

To be eligible for WIC, You must also

- Meet WIC income guidelines
 (All kinds of families qualify for WIC.
 You may be working or not. You may be single or married. You may live with your parents.
 You may be a student.)
- Have a health risk factor based on:
 - Height and weight
 - Blood test for low iron
 - Health history
 - Diet history

How can I get WIC services?

Call your local health department, or to find the phone number for the closest WIC office, call 1-800-FOR-BABY, (1-800-367-2229).

Visit the WIC website at:

https://www.nutritionnc.com/wic/index.htm

Tell a friend about WIC!

WIC is an equal opportunity provider and employer.







State of North Carolina
Department of Health and Human Services
Division of Public Health
Women's and Children's Health Section
Nutrition Services Branch